

ARRCBC Action Plan 2023 – 2024

About ARRC

The Action for Reform of Residential Care (www.arrcbc.ca) is dedicated to promoting quality of life in long term-care facilities in British Columbia through advocacy and public education. The Association is made of up clinicians, researchers, family members, seniors' organizations, and other citizens concerned with the care provided in long-term care facilities.

The singular focus of ARRC's 75 member organizations (the ARRC Network) and 800 individual members is the creation of a long-term care system where residents are supported to live their lives as fully and joyfully as possible. We believe that:

- Quality of life is important across the lifespan, that it requires quality of care and that both are non-negotiable.
- Quality of care is closely linked to quality working conditions for care providers.
- Care is a relationship between those receiving and providing care and meaningful and sustainable relationships between seniors and care providers are imperative to quality of life.
- LTC facilities must support seniors' health and well-being/mental health, enable them to stay as active as possible and to participate in meaningful activities and relationships.
- The institutional model is dehumanizing and must be replaced by a person-centred model of relational care.

Goals for 2023 – 2024

ARRC initiates or supports projects that align with our values. Progress towards goal achievement is discussed at every Leadership and Network meeting. A progress update is also provided to the Parliamentary Secretary for Seniors' Services and Long-term Care at our meetings with her.

Between April 1, 2023 and March 31, 2024, we will undertake the following goals:

1. Maintain strong lines of communication and collaboration with the government:
 - a. Provide current and relevant information about the B.C. long-term care system to the Ministry of Health through regularly scheduled meetings with Parliamentary Secretary Harwinder Sandhu. Notes from these meetings are distributed to the ARRC Network and posted on the website.
 - b. Update the 2022 ARRC report entitled "Improving Quality of Life in LTC – A Way Forward" and submit to the government in May 2023. [Improving Quality of Life in LTC - A Way Forward LTC Full Report to the BC Minister of Health](#)
2. Continue lobbying for the government to appoint a Long-term Care Advisory Forum to plan and guide system reform.
 - a. See proposal submitted in February 2022 at [LTC Advisory Forum Proposal](#)

- b. In collaboration with the B.C.A.S.W., launch a letter writing campaign asking the public to endorse a letter requesting the government to appoint a long-term care Advisory Forum. Media release is scheduled for May 16, 2023. Access the letter at: [Letter Campaign](#)
3. Build public awareness about ongoing long-term care issues that compromise quality of life to empower the individuals and organizations to lobby for reform of the existing long-term care system.
 - a. Present a Webinar Series for the public beginning June 2023. Speakers will represent diverse perspectives. Examples of topics include speech and hearing, nutrition, the importance of recreation therapy, and the role of family councils. The first webinar will be presented at 5:00 p.m. on June 28, 2023.
 - b. Publish an ongoing series of articles, media releases, and opinion/editorials to build public awareness.
 - c. Provide ARRC speakers, when requested, for conferences, webinars, and media programming.
4. Apply for grants that would provide funding to facilitate goal achievement.
 - a. Apply to the Vancouver Foundation Recovery and Resiliency Fund. (Update May 21, 2023: awaiting final decision.)

Updated: May 2023